

# Dr SARAH LEYLA PUELLO

(Sarah Leyla Puello Alfonso)

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## PROFILE

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A multi-lingual, proactive and self-motivated individual with a nine-year experience in various collaborative administrative and project management roles in Oxford. A yoga teacher with specific training on intersectionality, anti-racism, accessibility and inclusivity, cultural appropriation and respect for cultural roots. A creative manifestor and writer, who is disciplined in their approach to task management and content delivery; and also sensitive and consultative in the process of generating solutions. Previous and current experience includes project management; financial planning, budget management and reporting to funders; presenting to multiple of audiences; convening and organising meetings; academic research; event management and coordination; programme development, teaching and mentoring.

## EDUCATION

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2008-2015	University of Oxford, Humanities Division <b>Doctor of Philosophy in Medieval and Modern Languages</b> Comparative study of French and Latin American 20 <sup>th</sup> Century Urban Poetry Hargreaves-Mawdsley Graduate Scholarship, Dominican Ministry of Youth Scholarship and Zaharoff Travel Grant (>£34,000)
2006-2007	King's College London, Department of French <b>MA in Critical Methodologies</b> , Grade: Merit Dissertation on Heterotopic spaces in Literature
2003-2006	University of Warwick, Department of English Literature <b>Honours BA in English Literature and Creative Writing</b> , Grade: 2:1 Caribbean Scholarship, FUNDAPEC and SEECyT Grants, Dom. Rep. (>£15,000) Summer Abroad Project in Argentina funded by Lord Rootes' Fund (>£2,500)

## RELEVANT WORK AND ENTREPRENEURSHIP EXPERIENCE

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2015-current	Self-employed at various Oxford Studios and Online <b>Forrest Yoga, Vinyasa and Perinatal Yoga Teacher and Teacher Trainer</b> Level 1 Forrest Yoga Certification and 500+ hours of Teacher Training
2016-2020	University of Oxford, Oxford Martin School and Department of Computer Science <b>Project Coordinator at the Global Cyber Security Capacity Centre</b> Managing and coordinating an outward-facing startup-like research project (>£2M)
Jan-March 2016	University of Oxford, Department of Sociology (via TSS) <b>Research Projects Administrator (temporary role)</b> Project and Budget Management for SOCGEN-NCRM Grant (>£1M)
May-Dec 2015	University of Oxford, Apprenticeships and Welcome Service (via TSS) <b>Website Designer and Administrator (temporary role)</b> Content Development and Design of Platform on Drupal

## RELEVANT TRAINING AND EXPERIENCE

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March 2021	Accessible Yoga, YACEP Yoga Alliance <b>Race and Equity in Yoga: Disruption as a Practice</b> 12-hour training programme with Kelley Palmer
August 2020	Go Spire <b>Anti-Racism and Intersectionality Course for Yoga Teachers</b> 12-hour course delivered by Dr Stacie Graham
August 2019	Department for Continuing Education, University of Oxford <b>Assertiveness at Work</b> Skills and practices towards building assertiveness at work; modes of intervention
April 2015	LifeBeat, London <b>Creative Training Workshop</b> Skills Development Course into Creative Learning, Facilitation and Teaching Practices
Autumn 2014	Saïd Business School, University of Oxford <b>Building a Business Participant</b> Certificate of Completion for Lectures on Entrepreneurship and Founding a Company
Spring 2011	Humanities Division, Oxford <b>Springboard for Researchers</b> , Personal Development Course Self-Development and Career-Actualising Course

## COMMUNITY WORK AND ENTREPRENEURSHIP

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2015-2017	Doers&Co, Startup Venture for University Students <b>Co-founder (dormant)</b> Platform for students to find co-creators and skills-exchange for their ventures
2016-2017	Cycle.Land, Oxford <b>Community Engagement Consultant</b> Involved in expansion strategies, events and management in the growing startup
2015-2016	Oxford Writing Project, Oxford and Bicester <b>Volunteer Creative Writing Tutor for a Local School</b> Creative Practices Delivered for Effective and Innovative Learning
2009-2015	Wolfson College, Oxford <b>Peer Supporter</b> Training in Student Welfare by Oxford University Counselling Service
2012-2015	University of Oxford, Widening Participation and Access <b>Graduate Assistant and Mentor</b> Teaching and Activities Support for Coordinators of Outreach

## OTHER QUALIFICATIONS AND SKILLS

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YOGA	200Hr Vinyasa Yoga Teacher (2015-2016) 200Hr Forrest Yoga Level 1 Yoga Teacher (August 2019) 85Hr Prenatal and Postnatal Yoga Teacher (November 2019) 14.5Hr Poppy Perinatal Yoga Graduate (December 2020)
LANGUAGES	Spanish (mother tongue), English (fluent), French (fluent) and Italian (advanced)
SOFTWARE	Microsoft Office Suite, Wix, Wordpress, Square Space, Drupal,